

Recovery Services Continuum

Progression of Recovery	0-90 days sober- Transition/Stabilization: Admit powerlessness: Recuperate from acute and long-term withdrawal	90 days – 1 year sober- Early Recovery: Internal changes in thinking, feeling, and acting related to AOD use	1 – 3 years sober- Mid-recovery: Repair past damage: Reestablish balanced and stable life	3 years + sober- Later- Recovery/Maintenance Continued growth and development
Certified Addiction Services	<ul style="list-style-type: none"> • Outreach/engagement • Screening • Crisis services • Brief intervention • Inpatient services • Medication assisted treatments 	<ul style="list-style-type: none"> • Intensive residential services • Outpatient services 	<ul style="list-style-type: none"> • Halfway houses • Supportive living services • Outpatient services 	<ul style="list-style-type: none"> • Prevention
Care Management	<ul style="list-style-type: none"> • Transition to non-crisis Tx continuum • Determine eligibility and access entitlements • Eliminate barriers to services 	<ul style="list-style-type: none"> • Integration of health, mental health, vocational, other in-system services • Begin exploration of community resources 	<ul style="list-style-type: none"> • Annual check-ups with treatment provider • Establish linkages to housing, employment, childcare, other community services 	<ul style="list-style-type: none"> • Annual check-ups with treatment providers • Assist others in recovery
Recovery Support Services	<ul style="list-style-type: none"> • Introduction to 12 step/Mutual Aid • Faith-based recovery support • Peer support mentors • Recovery centers 	<ul style="list-style-type: none"> • Participation in 12 Step/Mutual Aid 	<ul style="list-style-type: none"> • 12 Step/Mutual Aid, service to others • Peer mentoring • Relapse prevention (trauma resolution, nicotine cessation, gambling prevention, family reunification) • On-going health screening 	<ul style="list-style-type: none"> • Faith-based support groups, spirituality development • Alcohol and drug free activities • Advocacy opportunities
Vocational Assessment & Services	<ul style="list-style-type: none"> • Vocational Assessment 	<ul style="list-style-type: none"> • Pre-employment services; work readiness 	<ul style="list-style-type: none"> • Job training/placement 	<ul style="list-style-type: none"> • Employment retention
Housing Assessment & Referral	<ul style="list-style-type: none"> • Emergency/temporary Shelter • Transitional housing (Oxford House, half-way houses, therapeutic communities) 	<ul style="list-style-type: none"> • Housing Needs Assessment 	<ul style="list-style-type: none"> • Linkages to Supportive Housing (Section 8, public housing) • Discharge Plan to access permanent housing 	<ul style="list-style-type: none"> • Independent Living Arrangements- (sober/recovery housing, unsubsidized apartments, own homes)
Child Care and Family Support Services	<ul style="list-style-type: none"> • Child Care • COA services • Prevention for youth 	<ul style="list-style-type: none"> • Parenting skills 	<ul style="list-style-type: none"> • Family therapy • Respite care • Parenting skills • Relationship skills 	<ul style="list-style-type: none"> • Peer support and mentoring others

Note: An individual moves into different stages depending on their readiness, which is self-assessed.